

TR Gets Fit Strength and Fitness Competition Assumption of Risk; Waiver; and Liability Waiver

Name _____ Date: _____

DOB: _____

Address: _____ City: _____ State/Zip _____

Phone: _____ E-mail: _____

Initial all below:

_____ Express assumption of risk: I, the undersigned am aware that there are significant risks involved in all aspects of the TR Gets Fit Strength and Fitness Competition event. These risks include, but are not limited to: serious personal injury, paralysis, rhabdomyolysis, musculoskeletal injuries, cardiovascular injuries, cardiovascular trauma, neurological impairment, heart attack, stroke, and falls which can result in serious injury or death; injury or death due to the negligence on the part of myself, my training partner, or other people around me; injury or death due to improper use or failure of equipment; strains or sprains. I am aware that any of these above mentioned risks may result in serious injury or death to me and or my partner(s).

_____ I willingly assume full responsibility for the risks of loss, damages, theft, injury or death that I am exposing myself to and accept full responsibility for any injury or death that may result from participation in any activity of the TR Gets Fit Strength and Fitness Competition

_____ I acknowledge that I have no physical impairments of the above mentioned risks and hazards and in consideration of the fact that I am willingly and voluntarily participating in the activities offered by TR Gets Fit Strength and Fitness Competition, I undersigned hereby release TR Gets Fit Strength and Fitness Competition, their principles, agents, employees, and volunteers from any all liability, claims, demands, actions, or rights of action, which are related to, arise out of, or are in any way connected with my participation in this activity/ event, including those allegedly attributed to the negligent acts or omissions of the above mentioned parties. This agreement shall be binding upon me, my successors, representatives, heirs, executors, assigns, or transferees. If any portions of this agreement are held invalid, I agree that the remainder of the agreement shall remain in full legal force and effect.

_____ I have consulted with a qualified physician about my desired participation in the TR Gets Fit Strength and Fitness Competition Event, and will adhere to the guidelines that my doctor recommends; I am physically able to participate in the TR Gets Fit Strength and Fitness Competition event; I do not suffer from ANY health condition which may be aggravated by participating in the TR Gets Fit Strength and Fitness Competition Event including, but not limited to, heart conditions or high blood pressure, back, neck or other skeletal, muscular, respiratory or circulatory problems

_____ I grant TR Gets Fit Strength and Fitness Competition its representatives and employees the right to take photographs of me and my property in connection with the above-identified subject. I authorize TR Gets Fit Strength and Fitness Competition its assigns and transferees to copyright, use and publish this same in print and/or electronically. I agree that TR Gets Fit Strength and Fitness Competition may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.

I have read this Assumption of Risk; waiver; and Liability release and agree to its terms.

Signature: _____ Date: _____